

HERE AND THERE AMONG THE VARIED INTERESTS OF WOMEN—POPULAR OPINIONS—FASHIONS

WOMEN MUST STOP DARNING TO MAKE GOOD IN BUSINESS

Financial Center in New York Says Mending Stockings and Such Stands in Way of Accomplishing Big Things

It is said the motto of the Financial Center for Women in New York city is "don't darn." The Financial Center is more or less what the name implies, a place where women are prepared to take responsible positions in banks and other highly honored institutions.

"Don't darn!" What does it mean? It means that when a woman goes into big business she has to chase thoughts of domesticity out of her head. Or does she? It is held by some that when a woman plunges into finance she must act like the man financier and, of course, every one knows men financiers do not mend stockings.

But the people who ask the woman in business to stop darning—and darning might mean knitting or anything like that—leave one point out of the discussion. Maybe the woman in business likes to darn or knit or embroider!

IT REALLY all simmers down to a few big questions. Does the venture into big business by women mean that she must stop being a woman entirely? In her recreation time, too, must she be just as strong and masculine in her pursuits as a man is? In other words, is there such a thing as instinctive womanly tastes and preferences? It is going to be very interesting when girls are generally established in big business. Because we are going to find out.

IF YOU can discover what any one does with spare time you can usually draw a very good character sketch of that person. Working with very little insight into our desk neighbor's real self. But have you ever come across a coworker out on a hike through the country? You feel you know that girl twice as well when you meet her in the office the next day.

THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed. The names of the writers should appear in the margin. Questions are invited. It is understood that the editor does not assume any responsibility for the return of letters. All correspondence should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Public Ledger, Philadelphia, Pa.

TODAY'S INQUIRIES
1. What is the principle upon which families cooking is based?
2. How can the ivory handles of knives be removed?
3. What is the proper way to wash hair brushes?

ANSWERS TO YESTERDAY'S INQUIRIES
1. French cooks use garlic as a preservative by rubbing the inside of the soup pot with it.
2. Lemon juice will remove iron rust from marble.
3. Gold beads can be cleaned with powdered alum. The beads should be thoroughly brushed first.

From Another One in Service
Dear Madam—I read the letter from "One in Service" with interest. I agree with her that such waste of space or use of it to go on in the home of the rich, and I suppose it does go on in the homes of many of the rich still. But I, too, am one in service. I would like to see some of the weather families that I have been in contact with since the war.

For a Little Girl
Dear Madam—I am coming to you again for help. Could you tell me where I could find the piece of poetry used as a reading card in that article? I am looking for some of the readers could help me.

Simply Don't Give It to Him
Dear Madam—in answer to a sister who complained about the lack of willingness of men to save for the future, I would like to say that I have seen many men who are not saving for the future. I have seen many men who are not saving for the future. I have seen many men who are not saving for the future.

To Remove Tar From Rug
Dear Madam—Will you kindly tell me how to get a tar stain from a light carpet? I have a rug of delicate shade and that it is very new. I would be glad to use the formula. (Mrs.) M. A.

What to Do With Foulard
Dear Madam—I have a piece of foulard that would be a good make a skirt, but I don't like it. I would like to have something a little dressier. Could you tell me what to do with it? I would like to have it made into a dress. I would like to have it made into a dress. I would like to have it made into a dress.

Home for a Dog
Dear Madam—I am very desirous of finding a home for a dog. I have a very affectionate dog, but I have no room for it. I would like to have it adopted. I would like to have it adopted. I would like to have it adopted.

Women's War Work
Dear Madam—Could you kindly tell where to apply for a position in some sort of war work? I do not want a lady's job. I want a job that is really war work. I would like to have a job that is really war work. I would like to have a job that is really war work.

Hot Starch for Curtains
It will be found that hot starch is the best for curtains, made rather thin. Having mixed dry starch smooth with cold water, pour boiling water on it till it is clear and transparent. Then add an equal quantity of hot water, and the mixture will be an average consistency for curtains.

Girl is Badly Burned
Anna Itatt, sixteen years old, 1109 Chestnut street, was badly burned about the face and body last night, when she was sitting on a chair.

FIRST WOMAN VOTER TO CAST HER VOTE IN RUSSIA



Suffragists in the United States have an additional argument for their cause in the fact that women now are enfranchised in Russia, where they voted for the first time at the election of members of the Constituent Assembly. The photograph shows the first woman voter casting her ballot at a Petrograd polling place.

Editorials for Women by Women

WOMEN AS JURORS
By CECELIA P. BASS
(Attorney-at-Law)

WITH political enfranchisement for all women throughout the country as a bright and immediate prospect, it is but natural to let our thoughts run ahead to the morrow and think of some of the problems with which women will be brought face to face.

One of these problems, and one which has already been much discussed, is that of women acting as jurors. The granting of suffrage does not automatically make women liable to jury service, but a bill providing for it must be passed by the State Legislature.

In ancient England, whose laws have to a great extent been adopted by the States, there were no courts held at fixed places, and the judges, after finishing the business of one county, moved to another. This gave rise to the custom of picking "twelve men strong and true" from the county where the injury complained of had arisen to "try the case well and truly."

Even in old England there was such a thing as women jurors. Where in a criminal prosecution a female prisoner alleged herself, or appeared to be pregnant, a jury of twelve matrons was impeached to determine whether she was or was not in such condition. They chose one of their number to be forewoman. So we have a precedent for women acting as jurors.

There are three arguments which are chiefly raised by those who cannot conceive of a woman acting in this capacity. The first is that a woman will not realize the seriousness of the situation in which she is placed, that she will form her opinions recklessly and let her sympathies run away with her. We must not forget that before a jury commences on its duties it is sworn in to perform those duties faithfully and according to the evidence produced before it. It has never been shown that women place less value upon an oath than men do. Furthermore, the dignity and sanctity of a courtroom is sufficient to suppress all frivolity in a person. Particularly where a woman is involved in a case should it never be said that a woman juror will be sympathetic, for there can be no more severe, and sometimes unjust, critic of one woman than another woman. To the answer that a woman juror might be predisposed toward a handsome man, the same rule applies to an all-male jury where a pretty woman is involved; whereas a combination of men and women in a jury would tend to neutralize the sympathies and prejudices of both sexes and tend to a decision which would meet the circumstances of the particular case and bring about a decision wherein justice would be done and not miscarried.

The second point raised is that women are not capable enough for work of this kind. Jurymen are drawn from the rank and file of our citizenry, from the most brilliant and successful business and professional men, as well as the two-dollar-a-day laborer. Each is representative of his class. The women of each class are on an equal plane with the men of their respective classes. If the men are capable, so are the women. Especially is this true since women in ever-increasing numbers are entering the fields of labor, business and the professions.

The third objection raised is perhaps the one most deserving of attention. This is the question of a woman's giving up the necessary time to jury service. At best a person is called but rarely. Women who are employed and those in business will, of course, be governed by the same rules as the men; also those women who can be spared from their homes without hardship. There only remains women who may be ill or who have minor children at home who cannot be left without the mother's care. Those placed in such a position can at all times be excused upon explaining the circumstances to the presiding judge. The right to be relieved from serving for proper reason has always been accorded the men, so that it cannot be said that women will be granted favors on account of their sex.

The State Federation of Women's Clubs of New York and the Women's Law Association of New York are urging the passage of a bill in Albany for jury service for women, and there is every likelihood that their request will be granted.

CECELIA P. BASS

HOW TO SLEEP OUT OF DOORS

Advice on preventive medicine will be given by Doctor Zeigler in this column daily, but in no case will diagnosis or treatment of ailments be attempted. Personal queries on health will be promptly answered if possible.

By J. H. KELLOGG, M. D., LL. D. FOR the best sleep, anything that is comfortable will do. An ordinary iron bed, with waven-wire springs, is best. If the space is limited and you wish to use your porch during the day, a folding cot or folding bed may be preferred.

Particularly cold nights, when the mercury gets down to zero and below, only the best hand mattress will keep you warm. A cheap mattress will serve well, however, if you place under it a layer of newspapers or a blanket or quilt over it.

Another good plan is to quilt a bed pad about an inch thick with cotton or wool and place it over the mattress. The bed coverings should be light but warm, and within reach there should always be extra clothing that can be pulled up in the night, should you begin to feel shivery.

The bed made up for sleeping out is by no means similar to the housewife's idea of a neatly made bed. Instead of tucking all the covers smoothly beneath the mattress, all except the topmost should be tucked beneath the blanket or bed pad that lies directly upon the mattress.

The topmost cover, if tucked snugly under the mattress, will serve to check any tendency of the other coverings toward sliding off if the sleeper is inclined to "dig."

Woolen sheets are far better than cotton ones, and a double-length sheet is better than two single-length sheets, because the latter are quite likely to become "untucked" at the foot.

Every one who sleeps out in winter has his favorite manner of making his bed. One like the so-called "Klondike bed," another what is known as the "wampus" bed.

Whatever the "make," there is one principle to be kept in mind—the clothing should be kept close about you at the sides, above as well as below, so that your feet will be fully protected and no cold air find its way down about your shoulders.

The ordinary arrangement of pillows is by no means a good one for protecting the shoulders. An open space is almost sure to form between the pillows, the bed clothing and the shoulders, allowing the cold wind to blow down your back—a decidedly uncomfortable sensation.

To avoid this, arrange the pillows in the shape of a narrow V, with the apex at the head of the bed, and the other ends reaching down underneath the clothing.

Then place your head upon the apex of the V, with one shoulder between the pillows. Then let the covers lie closely down upon the sides and no air space can form. This arrangement has the added advantage of making the pillows support a part of the weight of the clothing.

It is best to wear a long outing flannel nightgown, and over this a sleeveless sweater to protect your chest and shoulders.

Put on your head one or two long knitted caps that you can pull down to the end of your nose and cover your ears. Over these wear a knitted helmet that fits the head tightly, covers the neck, comes down over the shoulders, and leaves only the nose and mouth exposed to the open air. A hood knitted with Angora wool of home manufacture can be substituted for the helmet.

Some sort of covering for the head, neck and shoulders is indeed an important part of the sleeping-out costume. All sorts of fiddle-de-dees have been tried.

"FASTNACHTS" OUT OF STYLE THIS YEAR
Shrove Tuesday Is Here Devoid of the Usual Feast of Fat Things

Hoover has garrotted the mainstay of this day we celebrate, Shrove Tuesday, in this wise: Like most "days," food plays a large part in its proper and mete observance, and "mete" cannot be misspelled as "meat," because Hoover says "there ain't none." The old-timers who started this festival day business seemed to think it could never be celebrated right without large quantities of food. And Shrove Tuesday was just an exception to the rule.

But today it is a different story. We like to follow old observances and customs, but when it comes to the dietary end of it we have the will but not the cuisine. For example, the main stunt on Shrove Tuesday is to eat pancakes, but it's wheatless time of year now and we can't get 'em.

Salted meat and eggs was another part of the ceremony in England, but meat and eggs are scarce articles these days, as is the old Pennsylvania sample of culinary art known as the "fastnacht," which was nothing more nor less than a doughnut without the hole and lots of fats, and we must conserve on fats, says Mr. Hoover.

Then, too, "fastnacht" is German, and "food" that is German must never pass muster.

Of course, it is a religious festival mainly and takes its name from the meaning of the word "shrine," which is to "confess." It is the threshold of Lent. In that country one of the most interesting events connected with the day is the Mardi Gras in New Orleans, which is a gala affair of masks and the light fantastic. It means "Fat Tuesday"—there we have "fats" again, which lets us out this year.

In fact, the receipt given as the proper method of making the pancake is enough to give one pause. Listen to this: Three eggs a cupful of sifted wheat flour, one and a half cupfuls of sweet milk, served four stories high, with jam or jelly or maple syrup, melted butter spread between the layers and sprinkled with powdered sugar.

Wouldn't that greet you? However, does that have such valuable "white dust" as just mentioned are welcome to see 'em to do 'em, but they are not

Tomatoes and Rheumatism

Are tomatoes good food and can they be eaten if one has rheumatism? Yes, tomatoes are entirely wholesome. The acid of the tomato is citric acid, the same as the acid of the lemon and the orange. It was once supposed that the acid of the tomato was oxalic acid, but this is a mistake. Tomatoes are excellent for rheumatism victims as well as for everybody in health.

QUESTIONS AND ANSWERS
Thumb-Sucking; How to Prevent It
How can I prevent my baby from sucking his thumb? The hands may be incased in mitts. Still another method is to place a rather stiff bandage about the middle of the arm so as to make it impossible for the child to bend the elbow sufficiently to reach the mouth. These restraining means should not be continued so long as to interfere with the proper development of the hands and arms.

To Remove Hair From the Face
What is the best way to remove hair from the face? One method is to use electrolysis. Another method is the X-ray. Electrolysis generally leaves scars and the X-ray leaves dilated blood vessels. The results are often disappointing.

Buttermilk Is Wholesome
Is buttermilk as wholesome as fresh milk? Buttermilk is more wholesome than

Choosing Shoes
The elementary principles of shoe fitting are few and simple, and more attention should be given to the way one shoes fit. Stand with the feet placed closely beside each other and notice these things: First, that the longest part of the foot is from the great toe to the ball of the foot, that the great toe points and the second toe is not deformed, and that the inner edge of the foot, from the heel to the outer end of the great toe, is straight.

Living Models Display Daily
Tweed-O-Wool SUITS and COATS
WHO would not delight in the possession of a trig moisture-proofed, smartly tailored suit like this simple good-taste model.

Advertisement for Tweed-O-Wool suits and coats. It features a photograph of a woman in a long, dark, double-breasted coat with a wide collar and buttons. The text describes the quality of the fabric and the fit of the garments. Prices are listed as \$23.50 to \$33.50 for suits and \$30.50 to \$35.50 for coats. The store is Blaylock & Blynn, Inc., located at 1528 Chestnut St.

Advertisement for Judge Us By Our Coffee and Butter. The headline reads "Judge Us By Our Coffee and Butter." The text states: "No two commodities, among the 500 or more lines carried by the average grocer, demonstrates a store's standing more accurately than the quality of its Coffee and Butter. WE ARE PERFECTLY WILLING, IN FACT GLAD, TO HAVE YOU JUDGE US BY THIS STANDARD. The crowds that throng and sometimes crowd our stores daily is the best, living, practical proof that the POWER THAT WINS such abounding confidence and increasing business is well understood and appreciated by thoughtful and thrifty people."

Advertisement for Our VERY BEST Coffee 21c lb. It features a photograph of a coffee tin. The text says: "Be thoughtful, be thrifty. Why pay 35c for Coffee when you can get a 'cup' like this for 21c the pound, that is rich, fragrant and full bodied. Buy a pound today, you are not speculating a penny, because if you do not pronounce it the finest coffee you ever drank, we will refund you the full price paid—no charge for what you used."

Advertisement for "Lcue'la" Butter (The Best) 60c lb. It features a photograph of a butter box. The text says: "Louella has proved itself time and again, under the severest tests, to be the finest butter churned. Only a few days ago, at a butter makers' exhibition, one of the creameries supplying us carried away first prize; a good test, but better still, prove it yourself—buy a pound today."

Advertisement for "Richland" Butter, 54c lb. CHOICE CREAMY PRINTS—BIG VALUE. It features a photograph of a butter box. The text says: "COFFEE AND BUTTER are only two commodities among five hundred others, the quality of which you will find equally satisfactory. There is a feeling of certainty and assurance that goes with everything we sell that makes dealing with us a pleasure."

EVERYWHERE IN PHILADELPHIA
AMERICAN STORES CO.
And Throughout Pennsylvania, New Jersey, Delaware and Maryland
ONE THOUSAND